

## Quick guide to shoe chips



For this race we're using shoe timing chips. The chip will register as you pass over the timing mats at the start and finish. They look like this;

FRONT



BACK



You'll be given your chip with your number at registration. It needs to go on your shoe (not round your wrist, in your pocket etc). This is because the chip needs to be close to the mat for it to work.



To put it on undo the shoe lace on one shoe (either will do) and thread the shoe lace through both holes on the chip as shown. We will have cable ties available for any shoes without conventional laces.

You can then lace up your shoe as normal. You should finish up with the "This Side Up" marker on the chip facing towards you when you have the shoe on as below;



At the end of the race simply unlace the shoe with the chip on it, slide the chip off and give it to one of the event staff.