

TAEKWON-DO

COURTESY • INTEGRITY • PERSEVERANCE • SELF CONTROL • INDOMITABLE SPIRIT

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GET ACTIVE • MAKE NEW FRIENDS • PERSONAL DEVELOPMENT • SELF DEFENCE • RELAX

Stockport Club at **lifeLEISURE** Avondale

Junior Classes: Thursday 6pm-7pm, Sunday 4pm-5pm

Adult Classes: Thursday 6pm-7:30pm, Sunday 5-6pm

First Class Free

Visit www.taekwondo123.com or Call/Text **07971 070488** for more information

FREE
T-SHIRT
AFTER 4
CLASSES



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