

Behaviour Profile

Job Role: Gymnastics Coach

Reporting to: Schools and Coaching Development Officer

The philosophy at Life Leisure is Preferred Behaviours = Personal Best, simply that people achieve their personal best through the display of preferred behaviours. Five main behaviour principles underpin the philosophy: Winner, Authenticity, Together, Caring and Happy – the W.A.T.C.H. principles. The below aims to give an idea of how Life Leisure expect the W.A.T.C.H. principles to be demonstrated by the Sports Coach.

Winner:-

- To provide a high standard of coaching.
- To support curricular and extracurricular sessions in local schools throughout the Borough of Stockport.
- Assist the delivery of the sport development teams sport and physical activity programmes.
- To provide support to all community sport coaches/lead youth workers, and supervise assistant coaches and volunteers, to ensure the safe, efficient and enjoyable delivery of all activity programmes.
- To plan, deliver and monitor a range of activity programmes, in consultation with the lead staff member.
- To provide detailed and appropriate session plans, relevant to a wide range of young people ensuring enjoyable and safe participation whilst ensuring best practice.
- To assist in monitoring and evaluation, collecting appropriate data in line with current operational practices, ensuring clarity and accuracy of all submitted information.
- Determined, highly self-motivated and enthusiastic.
- Be an experienced and advanced communicator with a good knowledge of our business in general.
- To be innovative.

Authenticity: -

- To be approachable, responsible and reliable.
- Display our preferred behaviours and lead by example – you will deliver high quality customer experiences.

Togetherness:-

- Able to operate effectively within a team and as an individual.
- Develop and maintain effective and positive working relationships with all partners and community organisations.
- Provide a structure of support for volunteers to become involved in delivering community activities.

Caring:-

- To create a supportive environment in which participants may gain personal, social and health benefits through effective communication, advice and leadership.
- Planning and developing informal and engaging participation opportunities ensuring an enjoyable coaching experience centred on the needs of the young people.

- Taking positive steps to identify and overcome barriers to participation amongst young people from disadvantaged backgrounds, prioritising access and inclusion.
- Supporting work with local clubs, volunteers and community groups to ensure that young people are retained in sport and physical activity opportunities at the end of the project.
- Support the delivery of a range of community events designed to promote community cohesion and pride.
- Link with existing club structures to signpost residents towards sustainable sporting opportunities.

Happy:-

- Enjoy your job!
- Have a passion and enthusiasm for helping people.
- Make sure that customers have fun whilst at Life Leisure
- Be a positive role model, creating a fun environment in which to motivate and encourage staff and young people to participate in sport or physical activity.
- To ensure the retention and updating of relevant personal qualifications and training associated with the job post, especially with regards to the apprenticeship qualification.

Preferred Experience, Skills & Qualifications:

- Experience of delivering sport and/or activity sessions in a variety of settings.
- Experience and knowledge of the sport development and coaching sector.
- Organised with the ability to effectively manage priorities and time.
- Knowledge of safeguarding procedures and the welfare of children and young people.
- Ability to plan, monitor and evaluate.
- Good communication and interpersonal skills
- Ability to work on own initiative and to work as part of the wider team.
- Ability to understand and deal with sensitive issues that may arise.
- Working knowledge of current health and safety issues.

Desirable Skills & Qualifications:

- Minimum Level 2 qualification in Gymnastics.
- Experience in teaching/coaching Dance.
- In depth knowledge of the national curriculum.
- Evidence of other relevant course relevant to young people.
- Experience of sports session delivery.
- Knowledge and experience of partnership working.
- Experience of providing activities that allow individuals to develop a range of skills.
- Ability to set up, prepare and evaluate sporting equipment ready for safe and effective sessions.
- Ability to take registration information and supply as necessary
- Willingness to undertake further qualifications for development within this role.
- Current valid driving license.