

Centre Opening Times

lifeLEISURE Avondale

Reopening date	Wednesday 26th August
Gym	Monday – Friday: 7.00am – 1.45pm & 3.00pm – 08.45pm Saturday: 8.00am – 1.45pm & 3.00pm – 4.45pm Sunday: 8.00am – 1.45pm & 3.00pm – 4.45pm
Studio	Classes will be held in the sports hall and run as normal with a full class timetable. For the live studio timetable, please visit the centre pages on our website, or your online booking account.
Pool	Closed until further notice.
Sports Hall	To allow for social distancing, the sports hall will be used to facilitate all studio classes. There will be no sports bookings until further notice.
Block Bookings	Block Bookings will be cancelled until further notice.
Crèche	Closed until further notice.
Changing Rooms	Closed until further notice.

www.lifeleisure.net

Centre Opening Times

lifeLEISURE Brinnington Park Leisure Complex

Reopening date	Monday 24th August
Gym	Monday – Thursday: 7.00am – 1.45pm & 3.00pm – 8.45pm Friday: 7.00am – 1.45pm & 3.00pm – 7.45pm Saturday – Sunday: 09.00am – 12noon
Studio	Open as normal with full class timetable, but capacities restricted. For the live studio timetable, please visit our website , or your online booking account .
Outdoor Pitch	Open as normal in line with new gym opening hours.
Sports hall	Open as normal in line with new gym opening hours.
Block Bookings	Available from Wednesday 27 th August
Crèche	Closed until further notice.
Gym Changing Rooms	Closed until further notice.

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Centre Opening Times

lifeLEISURE Cheadle

Reopening date	Friday 28th August
Gym	Monday – Friday: 6.30am – 2.15pm & 3.30pm – 9.15pm Saturday & Sunday: 8.00am – 1.45pm & 3.00pm – 4.45pm
Studio	Open as normal with full class timetable, but capacities restricted. For the live studio timetable, please visit our website , or your online booking account .
Main Pool	Open to the public. Please check our website for live bookable sessions.
Small Pool	Closed to the public. Will remain open for schools & swimming lessons until further notice.
Block Bookings	Available from Tuesday 1 st September.
Crèche	Closed until further notice.
Gym Changing Rooms	Closed until further notice

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Centre Opening Times

lifeLEISURE Grand Central

Reopening date	Monday 24th August
Gym	Monday – Friday: 6.30am – 2.15pm & 3.30pm – 9.15pm Saturday & Sunday: 8.00am – 1.45pm & 3.00pm – 4.45pm
Studio	Open as normal with full class timetable, but capacities restricted. For the live studio timetable, please visit our website , or your online booking account
Main Pool	Open to the public. Please check our website for live bookable sessions.
Oasis Pool	Open for family swimming. Please check our website for live bookable sessions.
Block Bookings	Available from Wednesday 27 th August
Slides	Closed until further notice.
Health Suite	Closed until further notice.
Gym Changing Room	Closed until further notice.

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Centre Opening Times

lifeLEISURE Hazel Grove

Reopening date	Wednesday 26th August
Gym	Monday – Friday: 6.00am – 1.45pm & 3.00pm – 8.45pm Saturday & Sunday: 8.00am -1.45pm & 3.00pm – 4.45pm
Studio	Open as normal with full class timetable, but capacities restricted. For the live studio timetable, please visit our website , or your online booking account
Main Pool	Open to the public. Please check our website for live bookable sessions.
Small Pool	Closed to the public. Will remain open for schools & swimming lessons until further notice.
Block Bookings	Available from Saturday 29 th August
Thermal Suite	Closed until further notice.
Crèche	Closed until further notice.
Gym Changing Rooms	Closed until further notice

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Centre Opening Times

lifeLEISURE Houldsworth Village

Reopening date	Monday 27th July
Gym	Monday – Friday: 6.30am - 9:15pm (Last bookable gym session 8:30pm) Saturday – Sunday: 8.00am – 4:45pm (Last bookable gym session 4:00pm)
Studio	Open as normal with full class timetable, but capacities restricted. For the live studio timetable, please visit our website , or your online booking account
Block Bookings	Block Bookings will be cancelled until further notice.
Crèche	Closed until further notice
Gym Changing Rooms	Closed until further notice

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Centre Opening Times

lifeLEISURE Romiley

Reopening date	Friday 28th August
Gym	Monday – Friday: 6.30am – 1.15pm & 3.30pm – 9.15pm Saturday & Sunday: 8.00am – 1.45pm & 3.00pm – 4.45pm
Studio	Please check the centre pages on our website, or your online booking account, for the live studio timetables.
Main Pool	Open to the public. Please check our website for live bookable sessions.
Small Pool	Closed to the public. Will remain open for schools & swimming lessons until further notice.
Swimming Changing Rooms	Due to the coronavirus, there will be a one-way system in place to allow for social distancing. The swimming changing rooms will temporarily become mixed change. We have private changing cubicles available and a member of staff will be on hand at all times to support with the cleaning regime.
Block Bookings	Available from Tuesday 1 st September
Sauna/Steam Room	Closed until further notice.
Crèche	Closed until further notice.
Gym Changing Rooms	Closed until further notice

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Centre Opening Times

lifeLEISURE Stockport Sports Village

Reopening date	Monday 27th July
Gym	Monday – Friday: 6:30am - 9:15pm (Last bookable gym session 8:30pm) Saturday – Sunday: 8:00am – 4:45pm (Last bookable gym session 4:00pm)
Studio	Please check the centre pages on our website, or your online booking account, for the live studio timetables.
Block Bookings	Now available to take bookings
Café	Closed until further notice
Crèche	Closed until further notice
Gym Changing Room	Closed until further notice

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