



# R TIME SPECIAL PROJECTS

## **ST4ND**

ST4ND will be running a youth football project with a grand finale. It provides young people in Adswold with access to training on a 5G pitch, football kits and provision 1 night a week to encourage engagement in football training.

## **Basket Ball Sessions**

Young people came to us and requested their own basket ball sessions. They were funded for new equipment, venue hire and coaching fees, allowing a group of young people to get together in their own space to play basketball, learn new skills, take ownership of the project and pass on their knowledge to a younger generation to carry on. Sessions available in Bridgehall and Cheadle Heath.

## **Community Active Stockport**

Community Active Stockport were awarded funding for a project called **PasSport** where they will be able to pick and choose taster programmes of recreational sport activities delivered over 12 weeks. The initial block of six weeks will offer weekly taster sessions of different activities running for an hour each week. At the end of this first six-week block, the children get to vote and decide amongst themselves which activities return in the next round, and whether they stay in place for longer e.g. a three or four week stint. There will be flexibility for additional sessions and support for teamwork and decision making. Sessions will run early evening, mid-week. Working with local community sports providers, the activities could include squash/table tennis/Boxercise/fitness/street dance/esports. Sessions available in Marple and surrounding areas.

## **Foundations – Stockport Homes Group**

Foundations will be running a Football Unity project which will be a seven a side football league event. Each team will play all the others in a Champions League style event throughout the day so young people will get to play all day. This will support 35 young people, 7 people from 5 areas and sessions are available borough wide.

### **Lancashire Hill Youth Group**

The project will teach the young people how to cook, allowing them to develop their knowledge and skills which they can then take home and teach family members what they have learnt. Promoting the education of healthy eating and more nutritional meals as well as potentially the impact of helping families manage food poverty better through the education of how to cook meals from scratch. The project also allows for the bringing together of other groups in the community with us linking with Heaton Norris Community Centre and their youth work and the local Community Champion at Asda who is willing to provide help through food donations. Once the provisions are in place, this is something the children will always have access to and will always be available to continue developing their skills. As this project makes the children feel they have been invested in, their sense of self-worth increases as well as developing their ownership and creative skills as they see their ideas become a reality. Sessions available in Lancashire Hill

### **Stockport Youth Justice and Targeted Youth Support**

This applies to young people who are open to the Youth Justice Service and/or attending our commissioned football programmes. Many of the young people have EHCP's, live NEET's, live in poverty, disenfranchised from their communities, and don't have access to the type of activities we are proposing. This project will see they get the opportunity to experience this as well as socialising with their peers. Available boroughs wide

### **Pursuing Individual Excellence**

Future Ready programme for a group of 15 Year 10 boys at St Anne's starting in the Autumn term of 2021. The project will run for 12 weeks and incorporate the following: Completion of personality tests and vision boards to help consider strengths and future goals. Workshops with local poet to explore their future goals and discuss ways to explore their feelings in a creative way, learning about the UN Sustainable development goals and picking priorities to focus on as a group. Students involved will lead a 6-week social action project addressing their chosen priority, develop digital skills to create posters and social media campaigns and have opportunities to visit two workplaces and learn about careers in the creative digital sector and construction. The projects introduces students to other local organisations that they could either get involved with for sessions, or as volunteers as they move towards writing college applications. Available in Reddish.

### **The Cherry Tree Project**

Offers young people the opportunity to participate in the Duke Of Edinburgh Award. Two of our local high schools only offer spaces to a small percentage of their pupils and one doesn't offer it at all. This project will run from September 2021 till the following summer and will provide 30 young people with the opportunity to complete the Duke Of Edinburgh award, include the opportunity to learn new skills, gain valuable work experience and take part in two expeditions - gaining a qualification at the end. All registration fees for the organisation and the young people will be covered by the funding including the most expensive pieces of equipment, with local funding

available to support families who need extra support with shoes or bags. The funding covers the license for the first year, 2 expeditions and 30 individual registrations but it would also pave the way for future expeditions, higher awards and making the Duke Of Edinburgh Award a permanent offer from The Cherry Tree Project and R Time. Available in Romiley.

### **Autisk**

Autisk were awarded to run a SEND youth club, open to SEND young adults social groups for ages 15 – 25 year olds. Their aim is to create a group that the young adults can access in a safe, supporting environment so they can attend, make friends and enjoy activities. Available in Adswold.

### **Green Thumbs**

This project will engage, enthuse and inspire local young people to become involved in gardening and growing and will encourage them to meet new friends, learn new skills and be part of an activity that will get them outdoors more. Young people will be provided with gardening packs to kick-start all participants to 'grow their own'. Each pack will include the necessary gardening tools, plants and equipment. Containers will be collected from the community gardens and volunteers will help to deliver packs to our most vulnerable or those prevented from collecting by ill health. A competition with various age groups and categories will engage more people, whilst encouraging young people to learn new skills, be creative and highlight their talents. Available in Brinnington.

### **Zestus Boxing**

Zestus has been awarded funding from Special Projects to engage the young people of Lancashire Hill in a positive outlet in the form of physical exercise and boxing, with the long term goal of being able to access the Zestus gym and boxing facilities. This will be ran in partnership with our R Time detached work happening in the session. Available in Lancashire.

**If you would like any further information on any of these Special Projects, please email [sasha.moore@lifeleisure.net](mailto:sasha.moore@lifeleisure.net)**

