

SMALL POOL TIMETABLE

	06:00	Morning	12:00	Afternoon	17:00	Evening	22:00
Monday			10.00 - 11.45 Schools	12.20 - 12.25 Baby Splash 12.20 - 13.25 Swim Tots	14.00 - 14.45 Schools	15.50 - 19.15 Lessons	19.15 - 19.45 1-1 Lessons
Tuesday		09.30 - 11.45 Schools		12.20 - 12.50 Baby Splash 12.55 - 13.25 Swim Tots	14.00 - 14.45 Schools	15.50 - 18.05 Lessons	18.15 - 21.30 Private Hire
Wednesday			09.45 - 10.15 Swim Tots	10.20 - 10.50 Baby Splash	12.15 - 13.55 Swim Tots	15.50 - 19.15 Lessons	19.15 - 20.15 1-1 Lessons
Thursday		09.30 - 11.45 Schools		12.05 - 12.35 Baby Splash 12.40 - 13.10 Baby Splash	13.15 - 14.20 Swim Tots 14.30 - 15.00 Schools	15.50 - 19.15 Lessons	19.15 - 20.15 1-1 Lessons
Friday		09.30 - 11.45 Schools		12.25 - 12.55 Swim Tots	13.30 - 14.00 Schools 14.25 - 14.55 Baby Splash	15.50 - 18.35 Lessons	18.35 - 19.35 1-1 Lessons
Saturday		08.00 - 09.00 1-1 Lessons	09.05 - 13.05 Lessons	13.10 - 13.40 Baby Splash	13.45 - 14.30 Family Swim	15.00 - 17.50 Lessons	
Sunday		09.00 - 10.00 Family Swim	10.15 - 11.15 Family Swim	11.30 - 12.30 Family Swim	12.45 - 13.45 Family Swim	14.15 - 14.45 Baby Splash	14.55 - 18.55 Lessons 19.00 - 19.15 Assessments

General Policy: All children under the age of 8 must be accompanied in the water by a *responsible person. *Responsible person must be 16 years or above and be a competent swimmer of 25 metres as a minimum.



Children under 4 years:

- A responsible person must be present in the water with the children at all times.
- Children must wear approved floatation devices unless the ratio is 1:1 and responsible person is in constant contact.
- Children and responsible person must stay in the designated safe area.



Children aged 4-7 years:

- A responsible person must be present in the water with the children at all times.
- If children are not confident swimmers, approved floatation devices must be worn and they must stay within the designated safe areas.



Children aged 8 years & over:

- No parent supervision required provided the child can swim at least 25 metres.
- Children must be able to swim 25 metres as a minimum.

MAIN POOL TIMETABLE

	06:00	Morning			12:00	Afternoon			17:00	Evening			22:00
Monday		06:30 - 08:30 Lane Swim	08:45 - 09:30 Aqua	10:00 - 11:45 Schools		12:15 - 13:30 Lane Swim	14:00 - 14:45 Schools		15:45 - 19:45 General Swim	15:50 - 19:45 Lessons	19:15 - 19:45 1-1 Lessons	20:00 - 21:30 Lane Swim	
Tuesday		06:30 - 09:00 Lane Swim		09:30 - 11:45 Schools		12:15 - 13:30 Lane Swim	14:00 - 14:45 Schools		15:45 - 17:45 General Swim	15:50 - 18:15 Lessons		18:15 - 21:30 Private Hire	
Wednesday		06:30 - 09:00 Lane Swim	09:00 - 10:00 Lifeguard Training	10:00 - 12:00 Over 50's Swim	11:15 - 12:00 1-1 & Adult Lessons	12:15 - 14:00 Lane Swim			15:45 - 19:00 General Swim	15:50 - 19:15 Lessons	19:00 - 20:30 Synchro	19:45 - 20:45 Disability Swim	20:45 - 21:30 Ladies Swim
Thursday		06:30 - 09:00 Lane Swim		09:30 - 11:45 Schools		12:15 - 14:00 Lane Swim	14:30 - 15:05 Schools		15:45 - 19:15 General Swim	15:50 - 19:15 Lessons	19:15 - 19:45 1-1 Lessons	19:15 - 20:15 Lane Swim	20:30 - 22:00 Private Hire
Friday		06:30 - 09:00 Lane Swim		09:30 - 11:45 Schools		12:15 - 13:00 Lane Swim	13:30 - 14:05 Schools		15:50 - 19:00 1-1 Lessons	14:30 - 19:45 General Swim	19:00 - 20:00 Private Hire	20:00 - 21:30 Lane Swim	
Saturday		08:00 - 08:45 Lane Swim		09:05 - 13:05 Lessons		13:30 - 14:30 Inflatable Fun Swim		15:00 - 15:45 Pool Party	15:45 - 16:40 Lessons				
Sunday		08:00 - 10:00 Lane Swim		10:00 - 14:00 Family Swim				15:00 - 16:00 General Swim	14:55 - 19:00 Lessons	17:00 - 19:00 General Swim			

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