



Swimming Pool Admission Policy

The Life Leisure Swimming Pool Admission Policy aims to safeguard swimmers that are most at risk when bathing. The policy does not intend to prevent children from having fun in the water and enjoying the physical and social benefits of swimming, nor create unnecessary barriers for parents and guardians when accessing our facilities.

The policy takes into account guidelines from the Health Safety Executive (HSG 179) and recommendations from the Chartered Institute of the Management of Sports and Physical Activity (CIMSPA). All Children under the age of 8 must be accompanied in the water by a **responsible person**. Children under the age of 4 must wear **approved floatation devices** and remain in **designated safe areas**.

The following ratios apply to **unstructured swim sessions**. These are sessions without a formal structure where bathers are able to play and swim within the confines of Life Leisure pool rules:

| Age Of Child | Supervision / Precautions Required | Adult to Child Ratio |
|----------------------------------|---|---|
| Children under 4 years | <ul style="list-style-type: none"> A responsible person must be directly present in the water with the child/ren at all times. Children must wear approved floatation devices unless the ratio is 1:1 and parent in constant contact. Children and parent to stay in Designated Safe Area. |  1 Adult to 2 Children |
| Children 4-7 Years | <ul style="list-style-type: none"> A responsible person must be directly present in the water with the child/ren at all times. If children are <u>not</u> confident swimmers, approved floatation devices must be worn and they must stay within designated safe areas. | 1 Adult to 2 Children |
| Children 8 Years and Over | <ul style="list-style-type: none"> No parent supervision is required provided the child can swim at least 25 Metres. Children must be able to Swim 25 Metres as a minimum. |  |

NB: Lifeguards will request a swim test for children aged 8 years or over entering deep water if they do not appear to be confident swimmers. Failure to complete the test will result in the child being asked to remain in a designated safe area or to leave the pool. In the instance a child is asked to leave the pool the duty manager will arrange for a full refund to be provided.

Definitions

- Approved Floatation Devices** or Swimming aids e.g. armbands, must be endorsed with the standard EN13138-1:2003 or later and marked 'CE'.
- Designated Safe Area (DSA)** is an area where there is still a risk of drowning but the likeliness is significantly reduced. This may be the small pool or shallow water in the main pool where the section is clearly segregated.
- Responsible person** must be 16 years or above and be a competent swimmer of 25 meters as a minimum.
- Unstructured swim sessions** are sessions that are open to the public and not led by a teacher or instructor. For specific sessions (i.e. swimming lessons, parties etc.) ratios may differ depending on the associated risks.

The Management team are happy to discuss individual safety requirements, including adult to child ratios.