

# Avondale Kids Holiday Camps



Time	Tuesday 30th May	Wednesday 31st May	Thursday 1st June	Friday 2nd June
9.00am - 9.45am	<b>Warm up games</b> <ul style="list-style-type: none"> <li>Spongebob fishing</li> <li>Hula Hoop Tig</li> </ul>	<b>Warm up games</b> <ul style="list-style-type: none"> <li>Ball tig</li> <li>Number clumps</li> </ul>	<b>Warm up games</b> <ul style="list-style-type: none"> <li>Cats and Rats</li> <li>Tiggy toilet</li> </ul>	<b>Warm up games</b> <ul style="list-style-type: none"> <li>Ball tig</li> <li>Spiderman tig</li> </ul>
9.45am - 10.45am	<b>Dodgeball</b> <ul style="list-style-type: none"> <li>Star jumps</li> <li>Doctor</li> <li>Jail</li> </ul>	<b>Invasion/coordination</b> <ul style="list-style-type: none"> <li>Capture the flag</li> <li>Rock paper scissors</li> </ul>	<b>Hockey</b> <ul style="list-style-type: none"> <li>Corners</li> <li>Gates</li> </ul>	<b>Cricket</b> <ul style="list-style-type: none"> <li>Kwik cricket</li> <li>Catching</li> </ul>
10.45am - 11.00am	<b>BREAK</b>	<b>BREAK</b>	<b>BREAK</b>	<b>BREAK</b>
11.00am - 12.00am	<b>Basketball</b> <ul style="list-style-type: none"> <li>Popcorn maker</li> <li>Hotspot</li> <li>Matches</li> </ul>	<b>Treasure Island</b> <ul style="list-style-type: none"> <li>Attacking and defending</li> <li>Team building</li> </ul>	<b>Dodgeball</b> <ul style="list-style-type: none"> <li>Star jumps</li> <li>Doctor</li> <li>Jail</li> </ul>	<b>Badminton</b> <ul style="list-style-type: none"> <li>Rallies</li> <li>Matches</li> </ul>
12.00pm - 12.45pm	<b>LUNCH</b>	<b>LUNCH</b>	<b>LUNCH</b>	<b>LUNCH</b>
12.45pm - 2.00pm	<b>Football</b> <ul style="list-style-type: none"> <li>Corners</li> <li>Shoot out</li> </ul>	<b>Badminton</b> <ul style="list-style-type: none"> <li>Hitting into targets</li> <li>Matches</li> </ul>	<b>Relay Races</b> <ul style="list-style-type: none"> <li>Jumping</li> <li>Running</li> </ul>	<b>Giant Puzzles</b> <ul style="list-style-type: none"> <li>Connect 4</li> <li>Dominos</li> <li>Noughts &amp; Crosses</li> </ul>
2.00pm - 3.00pm	<b>Circle Games</b> <ul style="list-style-type: none"> <li>Movement detective</li> <li>Simon says</li> </ul>	<b>Circle Games</b> <ul style="list-style-type: none"> <li>Splat</li> <li>Wink murder</li> </ul>	<b>Circle Games</b> <ul style="list-style-type: none"> <li>Head catch</li> <li>Bounce clap</li> </ul>	<b>Circle Games</b> <ul style="list-style-type: none"> <li>Clap catch</li> <li>Spook</li> </ul>
3.00pm - 5.30pm (Late pick up)	<p>A variety of sports, small games, circle games and downtime will be available throughout late pick up!</p>			

\*Timetable is flexible and subject to change due to childrens interests on the day. Alternative activities such craft and board games will be available throughout the day in addition to those above. **Visit our website to book! [www.lifeleisure.net/holiday-camps](http://www.lifeleisure.net/holiday-camps)**

# Avondale Kids Holiday Camps



Time	Monday 5th June	Tuesday 6th June	Wednesday 7th June	Thursday 8th June	Friday 9th June
9.00am - 9.45am	<b>Warm up games</b> <ul style="list-style-type: none"> <li>Cats and Rats</li> <li>Number Clumps</li> </ul>	<b>Warm up games</b> <ul style="list-style-type: none"> <li>Spongebob fishing</li> <li>Hula Hoop Tig</li> </ul>	<b>Warm up games</b> <ul style="list-style-type: none"> <li>Ball tig</li> <li>Number clumps</li> </ul>	<b>Warm up games</b> <ul style="list-style-type: none"> <li>Cats and Rats</li> <li>Tiggy toilet</li> </ul>	<b>Warm up games</b> <ul style="list-style-type: none"> <li>Ball tig</li> <li>Spiderman tig</li> </ul>
9.45am - 10.45am	<b>Invasion &amp; coordination</b> <ul style="list-style-type: none"> <li>Capture the flag</li> <li>Rock paper scissors</li> </ul>	<b>Dodgeball</b> <ul style="list-style-type: none"> <li>Star jumps</li> <li>Doctor</li> <li>Coach Vs Kids</li> </ul>	<b>Hockey</b> <ul style="list-style-type: none"> <li>Corners</li> <li>Gates</li> </ul>	<b>Rounders</b> <ul style="list-style-type: none"> <li>Kick rounders</li> <li>Rounders match</li> </ul>	<b>Cricket</b> <ul style="list-style-type: none"> <li>Kwik cricket</li> <li>Catching</li> </ul>
10.45am - 11.00am	<b>BREAK</b>	<b>BREAK</b>	<b>BREAK</b>	<b>BREAK</b>	<b>BREAK</b>
11.00am - 12.00am	<b>Treasure Island</b> <ul style="list-style-type: none"> <li>Attacking and defending</li> <li>Team building</li> </ul>	<b>Basketball</b> <ul style="list-style-type: none"> <li>Popcorn maker</li> <li>Hotspot</li> <li>Matches</li> </ul>	<b>Pickleball</b> <ul style="list-style-type: none"> <li>Round the world</li> <li>Skinny singles</li> <li>Coach Vs Kids</li> </ul>	<b>Badminton</b> <ul style="list-style-type: none"> <li>Rallies</li> <li>Matches</li> </ul>	<b>Dodgeball</b> <ul style="list-style-type: none"> <li>Star jumps</li> <li>Doctor</li> <li>Jail</li> </ul>
12.00pm - 12.45pm	<b>LUNCH</b>	<b>LUNCH</b>	<b>LUNCH</b>	<b>LUNCH</b>	<b>LUNCH</b>
12.45pm - 2.00pm	<b>Hockey</b> <ul style="list-style-type: none"> <li>Corners</li> <li>Gates</li> </ul>	<b>Badminton</b> <ul style="list-style-type: none"> <li>Hitting into targets</li> <li>Matches</li> </ul>	<b>Football</b> <ul style="list-style-type: none"> <li>Corners</li> <li>Shoot out</li> </ul>	<b>Relay Races</b> <ul style="list-style-type: none"> <li>Jumping</li> <li>Running</li> </ul>	<b>Giant Puzzles</b> <ul style="list-style-type: none"> <li>Connect 4</li> <li>Dominos</li> <li>Noughts &amp; Crosses</li> </ul>
2.00pm - 3.00pm	<b>Circle Games</b> <ul style="list-style-type: none"> <li>Movement detective</li> <li>Simon says</li> </ul>	<b>Circle Games</b> <ul style="list-style-type: none"> <li>Splat</li> <li>Wink murder</li> </ul>	<b>Circle Games</b> <ul style="list-style-type: none"> <li>Movement detective</li> <li>Simon says</li> </ul>	<b>Circle Games</b> <ul style="list-style-type: none"> <li>Head catch</li> <li>Bounce clap</li> </ul>	<b>Circle Games</b> <ul style="list-style-type: none"> <li>Clap catch</li> <li>Spook</li> </ul>
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