

SSV Kids Holiday Camps



Time	Tuesday 30th May	Wednesday 31st May	Thursday 1st June	Friday 2nd June
9.00am - 9.45am	Warm up games <ul style="list-style-type: none"> Tiggy Scarecrow Island Tig 	Warm up games <ul style="list-style-type: none"> Tiggy Toilets Egg Tig 	Warm up games <ul style="list-style-type: none"> Spiderman Tig Shark Attack 	Warm up games <ul style="list-style-type: none"> Cats and rats Spiderman tig
9.45am - 10.45am	Team Games <ul style="list-style-type: none"> Floor is lava Messy bedrooms Cups and saucers 	Football <ul style="list-style-type: none"> Small sided games Skills Dribbling games Shooting challenges 	Invasion Games <ul style="list-style-type: none"> Capture the flag Prison break House game 	Team Games <ul style="list-style-type: none"> Rounders Football rounders
10.45am - 11.00am	BREAK	BREAK	BREAK	BREAK
11.00am - 12.00am	Target Games <ul style="list-style-type: none"> Zone ball Bench ball Hoop ball 	Attack and Defense <ul style="list-style-type: none"> Treasure island Pirate Ships 	Team Games <ul style="list-style-type: none"> Rock paper scissors Noughts & Crosses Floor is lava 	Football <ul style="list-style-type: none"> Small sided games Tournament American penalties
12.00pm - 12.45pm	LUNCH	LUNCH	LUNCH	LUNCH
12.45pm - 2.00pm	Ultimate Frisbee <ul style="list-style-type: none"> Corners Shoot out 	Pickle Ball <ul style="list-style-type: none"> Hitting into targets Matches 	Giant floor games <ul style="list-style-type: none"> Connect 4 Dominos Noughts & Crosses 	Danish Longball <ul style="list-style-type: none"> Connect 4 Skills and drills
2.00pm - 3.00pm	Dodgeball <ul style="list-style-type: none"> Doctor Zombie Coach Vs Kids 	Hockey <ul style="list-style-type: none"> Dribbling Games 4 corner knock out Small sided games 	Circle Games <ul style="list-style-type: none"> Head catch Bounce clap 	Circle Games <ul style="list-style-type: none"> Clap catch Spook
3.00pm -5.30pm (Late pick up)	A variety of sports, small games, circle games and downtime will be available throughout late pick up!			

*Timetable is flexible and subject to change due to childrens interests on the day. Alternative activities such craft and board games will be available throughout the day in addition to those above. **Visit our website to book! www.lifeleisure.net/holiday-camps**

SSV Kids Holiday Camps



Time	Monday 5th June	Tuesday 6th June	Wednesday 7th June	Thursday 8th June	Friday 9th June
9.00am - 9.45am	Warm up games <ul style="list-style-type: none"> Cats and Rats Number Clumps 	Warm up games <ul style="list-style-type: none"> Spongebob fishing Hula Hoop Tig 	Warm up games <ul style="list-style-type: none"> Ball tig Number clumps 	Warm up games <ul style="list-style-type: none"> Cats and Rats Tiggy toilet 	Warm up games <ul style="list-style-type: none"> Ball tig Spiderman tig
9.45am - 10.45am	Invasion & coordination <ul style="list-style-type: none"> Capture the flag Rock paper scissors 	Dodgeball <ul style="list-style-type: none"> Star jumps Doctor Coach V Kids 	Hockey <ul style="list-style-type: none"> Corners Gates 	Rounders <ul style="list-style-type: none"> Kick rounders Rounders match 	Cricket <ul style="list-style-type: none"> Kwik cricket Catching
10.45am - 11.00am	BREAK	BREAK	BREAK	BREAK	BREAK
11.00am - 12.00am	Treasure Island <ul style="list-style-type: none"> Attacking and defending Team building 	Basketball <ul style="list-style-type: none"> Popcorn maker Hotspot Matches 	Pickleball <ul style="list-style-type: none"> Round the world Skinny singles Coach V Kids 	Badminton <ul style="list-style-type: none"> Rallies Matches 	Dodgeball <ul style="list-style-type: none"> Star jumps Doctor Jail
12.00pm - 12.45pm	LUNCH	LUNCH	LUNCH	LUNCH	LUNCH
12.45pm - 2.00pm	Hockey <ul style="list-style-type: none"> Corners Gates 	Badminton <ul style="list-style-type: none"> Hitting into targets Matches 	Football <ul style="list-style-type: none"> Corners Shoot out 	Relay Races <ul style="list-style-type: none"> Jumping Running 	Giant Puzzles <ul style="list-style-type: none"> Connect 4 Dominos Noughts & Crosses
2.00pm - 3.00pm	Circle Games <ul style="list-style-type: none"> Movement detective Simon says 	Circle Games <ul style="list-style-type: none"> Splat Wink murder 	Circle Games <ul style="list-style-type: none"> Movement detective Simon says 	Circle Games <ul style="list-style-type: none"> Head catch Bounce clap 	Circle Games <ul style="list-style-type: none"> Clap catch Spook
3.00pm - 5.30pm (Late pick up)	<p>A variety of sports, small games, circle games and downtime will be available throughout late pick up!</p>				

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